



City of De Pere

Press Release

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FOR IMMEDIATE RELEASE

De Pere will begin hosting public information sessions on mental health

De Pere, WI: Mental health issues ranging from anxiety, depression, substance abuse, eating disorders and more will be the focal point of special information sessions starting next month in the City of De Pere.

Sessions will be free and open to the public and all are welcome to participate - not just De Pere residents.

These mental health sessions are made possible through a new partnership between the De Pere Health Department and the Medical College of Wisconsin (MCW) Northeast Wisconsin Psychiatry Residency Program.

Each session in De Pere will focus on a specific mental health issue and will include an explanation of the issue. The sessions will be led by MCW psychiatry residents. There will also be a "share your story" segment where a member of the community will explain their experience with the condition being discussed that month, as well as a question-and-answer portion.

There will also be a pharmacist present to help answer and explain issues relating to medication.

The goals of the sessions are to raise awareness regarding mental health conditions and what types of treatment/services are available; encourage community members to seek help if they need it, encourage more open dialogue within the community regarding these important issues and to reduce the overall stigmas associated with mental illness.

The sessions will be held once a month at the De Pere Community Center, starting on Aug. 29 at 6:30 p.m. and continue the last Wednesday of each month. The Community Center is located at 600 Grant Street.

The first session will focus on anxiety, followed by depression. Further topics will be determined.

To learn more about the De Pere Health Department, visit de-pere.org.

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