

# ARC LIFEGUARD CERTIFICATION



**American  
Red Cross**

**DE PERE<sup>SM</sup>**

## Blended Learning Lifeguard Class - June 2024

### Pre-requisites

15 YRS or older by last class date  
300 Swim (breaststroke or freestyle)  
Timed tread (no hands)  
Timed brick retrieval

### Program Details

The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services personnel take over.

On successful completion participants will receive American Red Cross certificate for Lifeguarding/First Aid/CPR/AED, valid for 2 years.

### Schedule & Deadlines

**Registration Deadline:** 5/15/2024

**Online Content Due:** 5/31/2024

#### **In Person Classes:**

6/1/2024 8:00 AM - 7:00 PM

6/2/2023 8:00 AM - 7:00 PM

**Location:** VFW Aquatic Facility

### Fees

\$185 Resident / \$200 Non-Resident

*\*City of De Pere employees should contact their supervisor before paying for a class.*

Online, over the phone or in person  
[www.deperewi.gov](http://www.deperewi.gov)

920-339-4097

De Pere Community Center

600 Grant St, De Pere

M-Th 7:30a - 5p / F 7:30 - 11:30a