

# How do I submit and substantiate *claims?*

Learn how to properly submit and substantiate FSA claims to receive quick and easy reimbursements.

## What's needed?

Both the Health Care FSA and Dependent Care FSA, in accordance with IRS guidelines, require that certain information be included in your receipts and expense documentation.

#### **Health Care FSA**

- A. Date(s) of service
- B. Type of expense (e.g., eye exam)
- C. Amount of the expense incurred
- D. Name of Service Provider
- Certain procedures and items need a Letter
  of Medical Necessity from a physician as
  part of your reimbursement documentation

   which must contain a specific diagnosis,
  state that the procedure or item is used to
  treat or cure the diagnosis, and indicate the
  duration of the expense.
- Cosmetic procedures are not covered under the BESTflex Plan.
- Orthodontia contracts must contain the treatment start date, fee schedule and duration of payments.

#### **Dependent Care FSA**

- A. Date(s) of service
- B. Charges
- C. Name of Service Provider
- Services must be incurred BEFORE they can be reimbursed.
- Separate documentation, which shows the name of the provider, dates of coverage and amounts, is required.

## Claim Forms

When you incur a medical or dependent care expense during the plan year, you submit a *Claim Form* and expense documentation to Employee Benefits Corporation.

- 1. Complete a *Claim Form* and attach documentation, supporting invoices, receipts, Explanation of Benefits (EOB), etc.
- 2. Sign the form.
- 3. Photocopy the form and documentation for your records.

#### U.S. Mail

You may submit as many forms with documentation as you like in one envelope. Be sure the documentation is stapled to the *Claim Form* to which it applies or your claim may be excluded.

#### Fax

Submit only one form with documentation per fax transmission. Be sure the documentation is faxed with the *Claim Form* to which it applies or your claim may be excluded. It usually takes two business days to process faxed claims. Once they are processed, you can quickly and easily review the status of your claim on our website at www.ebcflex.com.

#### Online

Log in to your account at www.ebcflex.com and submit claims and documentation using My Account Assistant.

## Do not submit a form if claims are submitted electronically

If your provider or carrier electronically submits claims to Employee Benefits Corporation, you should not submit a *Claim Form* for those expenses. Contact your Human Resources Department for more information.

## **Year-End Claims**

You can incur expenses until the end of the current plan year. You have 90 days after the plan year ends to submit your claim (90-day runout period).

The expense must have been incurred during your plan year and you must submit your claim no later than 90 days after the plan year ends. *Claim Forms* submitted after this date will be denied.

Also, in order to receive reimbursement, you must have sufficient funds to cover your claim before you submit your *Claim Form*.

If you are unsure whether the funds remaining in your account will cover your claims, you can find your account balance on our website or you can call 800 346 2126 and a Participant Services Representative will look up your account balance and walk you through your claims submission process.

### **Exclusions**

#### What do I do when a claim is excluded?

If a claim is deemed invalid (excluded), you will receive an *Exclusion Letter* identifying the expense and the reason it was excluded. If you resubmit the claim, include the Exclusion Letter and any additional documentation or requested information within 180 days of receiving the Exclusion Letter. Additional information on resolving claims is available in the *Summary Plan Description*.

## Before You File

## Read this information BEFORE you file for reimbursement!

- We cannot reimburse your expenses without your signature; you must completely fill out, sign and date the Claim Form.
- We cannot reimburse you until expenses are actually incurred; we cannot use estimates or pre-payment billings.

- We cannot accept balance forward or previous balance statements.
- Double check your attached documentation and make sure the information, such as date(s) of services, type of expense, amount, etc., is provided.
- Cancelled checks or credit card statements are not valid documentation and we cannot accept them.
- When photocopying your documentation, make sure the copies are clear and complete.
- If you are unsure whether an expense is reimbursable, contact us before you incur the expense at 800 346 2126 or by email at participantservices@ebcflex.com.

## **Old Plan Year**

90-day Run-out

### **New Plan Year**

You can submit claims for expenses incurred during your previous plan year for 90 days after it ends.



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#### Questions?

If you have any questions, please contact Participant Services at **800 346 2126**, or email participantservices@ebcflex.com.