

PRESS RELEASE

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City of De Pere
335 South Broadway
De Pere, WI 54115-1199
www.deperewi.gov

Contact:
Communications & Marketing Manager
Phone: 920-339-2371
apantzlaff@deperewi.gov



Step Into Connection: Intergenerational Dance Brings Older Adults and College Students Together

DE PERE – The De Pere Health Department, in partnership with St. Norbert College Health and Wellness Center is hosting a joyful afternoon of movement, music, and connection at the Intergenerational Dance on Nov. 20 in the Michels Commons Ballroom at 409 3rd St, De Pere.

This free event will feature ballroom dance lessons, welcoming dancers of all experience levels. Music will be provided by student members of SNC's jazz band. The event is part of a broader effort to strengthen social connectedness—a key component of community health and well-being. By bringing generations together through music and movement, the partners aim to highlight how simple, shared experiences can help reduce loneliness and build lasting relationships.

"Music and dancing are a universal language that bridges generations," said Danielle Jauquet, Public Health Nurse, De Pere Health Department. "This event is about more than learning steps—it's about making connections that support our collective health and happiness."

Event Details:

Date: November 20th

Time: 2-4 PM

Location: Michels Commons Ballroom

Activities: Music, ballroom dance lessons, open dance floor, light refreshments, and community mingling

The Intergenerational Dance is open to St. Norbert College students and those 55 years of age and older. This is a free event made possible through grant funds. Registration is required. To learn more or register, visit [De Pere Intergenerational Dance Registration](#).

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