City of De Pere Recreation Program Discounts

All permanent full-time and part-time employees can receive a discount on City of De Pere Park and Recreation exercise-based programs.

Here's your **AWESOME** wellness program:
Employees receive points for things such as participating in a run/walk such as the Bellin Run, getting an annual physical each year, exercising, participating in the various wellness challenges, and other wellness-related activities. A small incentive is built into the program to reward you for achieving points towards each goal. More information about the Wellness Program and blank wellness forms are located in the Friday Memo Drive (Q:) in the Wellness Folder and on the City website on the HR Department Page.

There's more. You and your immediate family members (spouse and children) will receive 25% off De Pere Park and Recreation exercise-based programs. To register for a program or class and receive the discount, you must call the Community Center to do so (339-4097). The Community Center is open M-F 8:00-4:30 pm.

Did you know?

75 cents of every dollar on healthcare in this country is spent on treatment of preventable diseases (preventable by exercise or nutrition).





City of De Pere Parks and Recreation programs consist of:

- Dance, pom and twirl classes and related programs
- Youth activity-based classes and programs
- All tumbling classes and related programs
- Martial arts and related programs/classes
- Swim lessons
- All water fitness classes
- Park playground program
- All fitness classes



There's something for every family member.

Contact the Community Center and get yourself and family members signed up and have fun!

P 920-339-4097

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