BROWN COUNTY HEALTH AND HUMAN SERVICES

DE PERE HEALTH DEPARTMENT

ONEIDA NATION HEALTH DEPARTMENT

Public Health Division

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BROWN COUNTY, WI—Brown County Public Health, De Pere Health Department and Oneida Nation Health Department want the public to know that we are still actively working to keep our community safe from the Coronavirus (COVID-19) pandemic.

It may seem like old news at this point, but the Health Departments want to stress that individual preventive measures are still the best way to protect yourself and slow the spread of COVID-19 in our community. This virus is going to be present in our community for the foreseeable future.

"It's safe to say that any social interaction brings some level of risk for contracting COVID-19 at this point," said Anna Destree, Public Health Officer for Brown County Public Health. "The best way to protect yourself and others is to practice physical distancing, wear a cloth face covering when you're in public, and do not gather in groups outside of your household."

The Public Health Departments are urging everyone to follow the guidelines and recommendations set forth by the Centers for Disease Control and Prevention (CDC) and the Wisconsin Department of Health Services (DHS) to remain safe and healthy. The virus continues to spread mainly through person-to-person contact and there is no vaccine to prevent COVID-19.

"Everyone should continue to monitor their own health," said Michelle Myers, Public Health Officer for Oneida Nation Health Department. "Be alert for symptoms such as fever, cough, or shortness of breath, and stay home if you feel sick. You can still spread COVID-19 to others even if you don't have any symptoms."

The best guidance the Health Departments can offer at this time is to proceed with caution. We are receiving a lot of questions regarding travel, community events and gatherings, youth sports and dining-in at local restaurants and bars. De Pere Health Department Health Officer Debbie Armbruster wants the public to keep the following in mind:

"If you choose to gather with individuals outside your household please wear a mask. Everyone should wear a cloth face covering or mask when going out in public, because it keeps your germs to yourself and helps protect other people. Continue to practice good hand hygiene measures such as washing your hands for at least 20 seconds with warm water and soap. If you do go out in public, avoid close contact with people—stay at least six feet away from other individuals. Everyone should understand that their personal responsibility is vital to help slow the spread of COVID-19 in our community."

You can find more information, resources and materials here:

www.stayhealthybc.com

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

https://www.dhs.wisconsin.gov/covid-19/protect.htm